



**Teacher Help** is an eHealth program that assists classroom teachers in providing evidence-based interventions to students with mental health disorders in the typical classroom setting

## Psychologists working within school systems across Canada...

You are invited to partner with Dr. Penny Corkum and her research team as the collaborative psychologist in a study testing the effectiveness of an online intervention for teachers working with students who have **ADHD, Autism Spectrum Disorder, or Learning Disabilities!**



### eHealth Program

The online program is fully accessible from desktops, laptops, tablets, or smartphones



### Encourages Collaboration

The program emphasizes the importance of communication and collaboration between the school team, the student, and the family



### Guiding Teachers

This program is designed to guide teachers in supporting students with mental health needs in their classrooms



### Collaborative Design

This program was developed collaboratively between researchers, educators, health care professionals, youth, and parents

## Why a Research Study?

- To ensure the program is effective and a good fit for school systems across Canada
- As part of the study, participants will be randomized to one of two groups: the Teacher Help (Intervention) or the Waitlist (Control) Group. The Teacher Help group will have access to the program right away and the Waitlist group will have access after the study is completed

## What is Expected for Participation?

Eligibility Criteria	Potential Benefits	Your Role
<ul style="list-style-type: none"> <li><input type="checkbox"/> Work within or for a public school system in Canada</li> <li><input type="checkbox"/> Are licenced/registered psychologists OR are psychological associates OR are certified school psychologists OR are on the candidate register</li> <li><input type="checkbox"/> Have regular access to internet and email</li> </ul>	<ul style="list-style-type: none"> <li>✓ Increased but manageable involvement in mental health services in the schools</li> <li>✓ The program fits in with existing work</li> <li>✓ Improved mental health services for students with ADHD, ASD, and LD</li> <li>✓ Acknowledgement on the website and in publications resulting from the research study</li> </ul>	<ul style="list-style-type: none"> <li>❖ Support teachers during the implementation of the program (e.g., collaborate if teachers have questions) (20 min/week)</li> <li>❖ Complete a Support Log during the intervention phase (15 min/week)</li> <li>❖ Complete Satisfaction and Teacher Help Outcomes Questionnaires at 3-month and 5-month follow-up (20 minutes)</li> </ul>

## Contact Information

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