



Teacher Help is an eHealth program that assists classroom teachers in providing evidence-based interventions to students with mental health disorders in the regular classroom setting

Parents of students in grades 1 to 12...

You are invited by Dr. Penny Corkum and her research team to take part in a research study testing the effectiveness of an online intervention for teachers working with students with **ADHD, Autism Spectrum Disorder, or Learning Disabilities** in the classroom!



eHealth Program

The online program is fully accessible from desktops, laptops, tablets, or smartphones



Guiding Teachers

This program is designed to guide teachers in supporting students with mental health needs in their classrooms



Encourages Collaboration

The program emphasizes the importance of communication and collaboration between the school team, the student, and the family



Collaborative Design

This program was developed collaboratively between researchers, educators, health care professionals, youth, and parents

Why a Research Study?

- To ensure the program is effective and a good fit for teachers and students across Canada
- As part of the study, your child will be randomized to one of two groups: the Teacher Help (Intervention) or the Waitlist (Control) Group. The Intervention group will have access to the program right away and the Waitlist group will have access after the study is completed

What is Expected for Participation?

Eligibility Criteria	Potential Benefits	Your Role
<ul style="list-style-type: none"> ❑ Currently have a child with ADHD, ASD, or LD diagnosed by a psychologist or physician, whose teacher is willing to participate in the research study ❑ Your child spends a significant portion of their class time inside the typical classroom (i.e., roughly 2/3 of their day) 	<ul style="list-style-type: none"> ✓ Could lead to increased supports for your child in the classroom setting ✓ Could lead to increased communication between the school and home ✓ Could lead to an increase in self-understanding for your child ✓ Could lead to a better teacher-student relationship 	<ul style="list-style-type: none"> ❖ Provide feedback to teachers (20min /week) ❖ Contribute to certain supports provided in the classroom (20 min/week) ❖ Complete online questionnaires at baseline, 3 month, and 5 month follow-up (30 minutes at each time point)

Contact Information

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