

Teacher Help is an eHealth program that assists classroom teachers in providing evidence-based interventions to students with mental health disorders in the typical classroom setting

School Boards and Schools across Canada...

You are invited by Dr. Penny Corkum and her research team to take part in a research study testing the effectiveness of an online intervention for teachers working with students with **ADHD, Autism Spectrum Disorder, or Learning Disabilities** in the classroom!



eHealth Program

The online program is fully accessible from desktops, laptops, tablets, or smartphones



Guiding Teachers

This program is designed to guide teachers in supporting students with mental health needs in their classrooms



Encourages Collaboration

The program emphasizes the importance of communication and collaboration between the school team, the student, and the family



Collaborative Design

This program was developed collaboratively between researchers, educators, health care professionals, youth, and parents

Why a Research Study?

- To ensure the program is effective and a good fit for school systems across Canada
- As part of the study, participants will be randomized to one of two groups: the *Teacher Help* (Intervention) or the Waitlist (Control) Group. The *Teacher Help* group will have access to the program right away and the Waitlist group will have access after the study is completed

What is Expected for Participation?

Eligibility Criteria	Potential Benefits	Commitments
<ul style="list-style-type: none"> <input type="checkbox"/> Public schools within Canada <input type="checkbox"/> Willing to participate in a research study <input type="checkbox"/> Performed a research ethics review, if needed <input type="checkbox"/> Students with ADHD, ASD, or LD attend the school in typical classroom settings <input type="checkbox"/> Psychologists working in the schools to lead teachers in the <i>Teacher Help</i> program. 	<ul style="list-style-type: none"> ✓ Participation in research that could lead to the availability of an additional resource for school systems ✓ Access to research results on a national level ✓ Access to a free online resource for teachers ✓ Increased supports for students with mental health disorders through a feasible and adaptable resource 	<ul style="list-style-type: none"> ❖ Psychologists involved in the research study will need time to support teachers throughout this program (~20min /week) ❖ Teachers involved in this study will need time to implement the program (~2hrs/week) ❖ Teachers, parents, students, and psychologists will complete brief online questionnaires (15 – 30 min at each assessment point)

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