



Teacher Help is an eHealth program that assists classroom teachers in providing evidence-based interventions to students with mental health disorders in the typical classroom setting

Teachers of grades 1 to12...

You are invited by Dr. Penny Corkum and her research team to take part in a research study testing the effectiveness of an online intervention for teachers working with students with **ADHD, Autism Spectrum Disorder, or Learning Disabilities** in the classroom!



eHealth Program

The online program is fully accessible from desktops, laptops, tablets, or smartphones



Guiding Teachers

This program is designed to guide teachers in supporting students with special needs in their classrooms



Encourages Collaboration

The program emphasizes the importance of communication and collaboration between the school team, the student, and the family



Collaborative Design

This program was developed collaboratively between researchers, educators, health care professionals, youth, and parents

Why a Research Study?

- To ensure the program is effective and a good fit for teachers across Canada
- As part of the study, you will be randomized to one of two groups: the Teacher Help (Intervention) or the Waitlist (Control) Group. The Teacher Help group will have access to the program right away and the Waitlist group will have access after the study is completed

What is Expected for Participation?

Eligibility Criteria	Potential Benefits	Your Role
<ul style="list-style-type: none"> <input type="checkbox"/> Work in a typical classroom setting in grades 1-12 in a public school <input type="checkbox"/> English as the language of instruction <input type="checkbox"/> Currently have one student in your classroom with ADHD, ASD, or LD who you would like to help <input type="checkbox"/> The parent and student have agreed to participate 	<ul style="list-style-type: none"> ✓ Access to further PD on mental health ✓ More knowledge of neurodevelopmental disorders (NDDs) ✓ Access to a free resource to help implement supports in the classroom ✓ More effective time spent handling problem behaviours in the classroom ✓ Access to support through online communication tools 	<ul style="list-style-type: none"> ❖ Complete each of the 6 sessions (1hr/session; 2 weeks given for each session) ❖ Implement the interventions that will work best in your classroom (1 hr/week) ❖ Complete online questionnaires at baseline, 3 month, and 5 month follow-up (30-40 minutes)

Contact Information

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